

**TRACK**  
**SEASON OF SPORT**  
**2010-2012**

**FIRST CONTEST:**                      **February 21, 2011**  
   **February 20, 2012**  
   **February 18, 2013**

**LAST CONTEST:**                      **May 12, 2011**  
   **May 10, 2012**  
   **May 9, 2013**

**DIVISIONAL CHAMPIONSHIPS:**      **May 20, 2011**  
   **May 18, 2012**  
   **May 17, 2013**

**NSCIF CHAMPIONSHIP:**              **May 27, 2011**  
**(West Valley High School)**          **May 25, 2012**  
   **May 24, 2013**

**STATE CHAMPIONSHIPS:**              **June 3-4, 2011**  
   **June 1-2, 2012**  
   **May 31, June 1, 2013**

**WRESTLING**  
**SEASON OF SPORT**  
**2010-2012**

**FIRST CONTEST:**                   December 1, 2010  
  November 30, 2011  
  November 29, 2012

**LAST CONTEST:**                   February 10, 2011  
  February 9, 2012  
  February 7, 2013

<b>DIVISION CHAMPIONSHIPS:</b>	Sat. February 19, 2011	<b>Girls NorCal</b>
	Sat. February 18, 2012	<b>Feb. 4 &amp; 5, 2011</b>
	Sat. February 16, 2013	<b>Feb. 3 &amp; 4, 2012</b>

<b>NSCIF CHAMPIONSHIP:</b> <b>(Redding Civic Center)</b>	February 25-26, 2011	<b>Feb. 1 &amp; 2, 2012</b>	<b>Girls State Invitational</b>
	February 24-25, 2012	February 25-26, 2011	<b>Feb. 25-26, 2011</b>
	February 22-23, 2013	February 24-25, 2012	<b>Feb. 24-25, 2012</b>
		February 22-23, 2013	<b>Feb. 22-23, 2013</b>

**CIF STATE CHAMPIONSHIP:**   **March 4-5, 2011**  
  **March 2-3, 2012**  
  **March 1-2, 2013**

**VOLLEYBALL**  
**SEASON OF SPORT**  
**2010-2012**

<b>FIRST CONTEST:</b> August 23, 2010 August 22, 2011 August 20, 1012	<i>Moved up a week per request</i>
<b>LAST CONTEST:</b> November 4, 2010 November 3, 2011 November 1, 2012	
<b>NSCIF PLAYOFFS: Division II and III</b>	November 9 & 16, 2010 November 8 & 15, 2011 November 6 & 13, 2012
<b>Division IV, V, and VI</b>	November 9, 16, & 18, 2010 November 8, 15, & 17, 2011 November 6, 13, & 15, 2012
<b>NSCIF CHAMPIONSHIP</b> (All Divisions at Red Bluff High School)	November 20, 2010 November 19, 2011 November 17, 2012
<b>NORCAL CHAMPIONSHIPS</b> (Divisions I-V)	November 23, 27, 30, 2010 November 22, 26, 29, 2011 November 20, 24, 27, 2013
<b>STATE CHAMPIONSHIPS</b> (Divisions I-V)	December 4, 2010 December 3, 2011 December 1, 2012

**SWIMMING**  
**SEASON OF SPORT**  
**2010-2012**

**FIRST CONTEST:** September 2, 2010  
September 1, 2011  
August 30, 2012

**LAST CONTEST:** October 15, 2010  
October 14, 2011  
October 12, 2012

**League Championships** October 20/21, 2010  
October 19/20, 2011  
October 17/18, 2012

**DIVISION I CHAMPIONSHIPS: October 27, 2010 (Anderson High School)**  
**October 27, 2011**  
**October 24, 2012**

**DIVISION II CHAMPIONSHIPS: October 28, 2010 (Anderson High School)**  
**October 26, 2011**  
**October 25, 2012**

**NSCIF MASTERS CHAMPIONSHIPS:** October 30, 2010 (Shasta College)  
October 29, 2011 (Shasta College)  
October 27, 2012 (Shasta College)

**SOFTBALL**  
**SEASON OF SPORT**  
**2010-2012**

**FIRST CONTEST:** February 21, 2011  
February 20, 2012  
February 18, 2013

**LAST CONTEST:** May 13, 2011  
May 11, 2012  
May 10, 2013

	<u>2011</u>	<u>2012</u>	<u>2013</u>
<b>NSCIF CHAMPIONSHIP: 1<sup>st</sup> Round (Tues.)</b>	<b>May 17</b>	<b>May 15</b>	<b>May14</b>
<b>2<sup>nd</sup> Round (Thurs.)</b>	<b>May 19</b>	<b>May 17</b>	<b>May16</b>
<b>Championship (Sat.)</b>	<b>May 21</b>	<b>May 19</b>	<b>May18</b>

**SOCCER**  
**SEASON OF SPORT**  
**2010-2012**

	<u>FALL</u>	<u>WINTER</u>	<u>SPRING</u>
<b>FIRST CONTEST:</b>	August 23, 2010 August 22, 2011 August 20, 2012	November 22, 2010 November 21, 2011 November 19, 2012	Feb. 18, 2011 Feb. 17, 2012 Feb. 15, 2013
<b>LAST CONTEST:</b>	November 13, 2010 November 12, 2011 November 10, 2012	February 11, 2011 February 10, 2012 February 8, 2013	May 20, 2011 May 18, 2012 May 17, 2013
<b>NSCIF CHAMPIONSHIPS:</b>		February 17, 22, & 26, 2011 February 16, 21, & 25, 2012 February 14, 19 & 23, 2013	

**GOLF**  
**SEASON OF SPORT**  
**2010-2012**

Girls up a week.

	<u><b>GIRLS</b></u>	<u><b>BOYS</b></u>
<b>FIRST CONTEST:</b>	August 23, 2010 August 22, 2011 August 20, 2012	February 21, 2011 February 20, 2012 February 18, 2013
<b>LAST CONTEST:</b>	October 29, 2010 October 28, 2011 October 27, 2012	May 6, 2011 May 4, 2012 May 3, 2013
<b>NSCIF PLAYOFFS:</b> <i>(Division I, II, III)</i>	N/A N/A N/A	May 9 or 10, 2011 May 7 or 8, 2012 May 6 or 7, 2013
<b>NSCIF CHAMPIONSHIP:</b>	November 1 or 2, 2010 Oct. 31 or Nov. 1, 2011 October 29 or 30, 2012	May 16 or 17, 2011 May 14 or 15, 2012 May 13 or 14, 2013
<b>NORCAL CHAMPIONSHIP:</b>	November 8, 2010 November 7, 2011 November 5, 2012	May 23, 2011 May 21, 2012 May 20, 2013
<b>STATE CHAMPIONSHIPS:</b>	November 16, 2010 November 15, 2011 November 13, 2012	TBA TBA TBA

**FOOTBALL**  
**SEASON OF SPORT**  
**2010- 2012**

<b>FIRST PRACTICE:</b>	<b>August 9, 2010</b> <b>August 8, 2011</b> <b>August 6, 2012</b>
<b>FIRST CONTEST:</b>	<b>August 27, 2010</b> <b>August 26, 2011</b> <b>August 24, 2012</b>
<b>LAST CONTEST:</b>	<b>November 5, 2010</b> <b>November 4, 2011</b> <b>November 2, 2012</b>
<b>NSCIF PLAYOFFS:</b>	<b>November 12, 19, 24, 2010</b> <b>November 10*, 18, 23, 2011</b> <b>November 9, 16, 21, 2012</b>
<b>State Championships</b>	<b>December 17-18, 2010</b> <b>December 16-17, 2011</b> <b>December 14-15, 2012</b>

**\*November 11<sup>th</sup> is Veteran's Day.**

**CROSS COUNTRY**  
**SEASON OF SPORT**  
**2010-2012**

**FIRST CONTEST:** August 28, 2010  
August 27, 2011  
August 25, 2012

**LAST CONTEST:** November 9, 2010  
November 8, 2011  
November 6, 2012

**NSCIF CHAMPIONSHIP:** November 12, 2010  
(West Valley High School) November 10, 2011  
November 8, 2012

**STATE CHAMPIONSHIPS:** November 27, 2010  
November 26, 2011  
November 24, 2012

## Basketball Season of Sport 2010-2012

<b>First Contest:</b>	<b>Last Contest:</b>
November 29, 2010	February 18, 2011
November 28, 2011	February 17, 2012
November 26, 2012	February 15, 2013
November 25, 2013	February 14, 2014

### NSCIF PLAYOFFS

#### **Div.II-III**

(Highest seed hosts)

### WOMEN

Feb. 25, March 2, 2010  
Feb. 24, March 1, 2011  
Feb. 23, & 28, 2012  
Feb. 21, & 26, 2013

### MEN

Feb. 26, March 3, 2010  
Feb. 25, March 2, 2011  
Feb. 24, & 29, 2012  
Feb. 22, & 27, 2013

#### **Div.IV-V**

(Highest seed hosts)

Feb. 23, 25, March 2, 2010  
Feb. 22, 24, March 1, 2011  
Feb. 21, 23, & 28, 2012  
Feb. 19, 21, & 26, 2013

Feb. 24, 26, March 3, 2010  
Feb. 23, 25, March 2, 2011  
Feb. 22, 24, & 29, 2012  
Feb. 20, 22, & 27, 2013

#### **Divison VI**

(Highest seed hosts)

Feb. 24, 26, March 3, 2010  
Feb. 23, 25, March 2, 2011  
Feb. 22, 24, & 29, 2012  
Feb. 20, 22, & 27, 2013

Feb. 23, 25, March 2, 2010  
Feb. 22, 24, March 1, 2011  
Feb. 21, 23, & 28, 2012  
Feb. 19, 21, & 26, 2013

### **NSCIF Championships**

March 5 & 6, 2010 (Chico State)  
March 4 & 5, 2011 (Site to be determined)  
March 2 & 3, 2012 (Site to be determined)  
March 1 & 2, 2013 (Site to be determined)

### **NORCAL Championships**

March 9, 11, 13, & 20, 2010 (Arco Arena) -2 Week NORCAL S  
March 8, 10, 12, & 19, 2011 (Arco Arena)  
March 6, 8, 10, & 17, 2012 (Arco Arena)  
March 5, 7, 9, & 16, 2013 (Arco Arena)

### **State Championships**

New 3 week play-off system(2010)

March 26-27, 2010 (Rabobank Arena, Bakersfield)  
March 25-26, 2011 (TBA)  
March 23-24, 2012 (TBA)  
March 22-23, 2013 (TBA)

### **Summer Eligibility Starts:**

**May 21, 2010**  
**May 20, 2011**  
**May 18, 2012**  
**May 17, 2013**

**Maximum number of contests: Twenty-six (26) No Tournament Exemptions!  
No Foundation Games are allowed.**

Note: All dates and sites are subject to change

**BASEBALL  
SEASON OF SPORT  
2010-2012**

**FIRST CONTEST:** February 21, 2011  
February 20, 2012  
February 18, 2013

**LAST CONTEST:** May 10, 2011  
May 8, 2012  
May 7, 2013

	<u>2011</u>	<u>2012</u>	<u>2013</u>
<b>NSCIF CHAMPIONSHIP: 1st Round (Friday)</b>	<b>May 13</b>	<b>May 11</b>	<b>May 10</b>
<b>2nd Round (Tues.)</b>	<b>May 17</b>	<b>May 15</b>	<b>May 14</b>
<b>Championship (Sat.)</b>	<b>May 21</b>	<b>May 19</b>	<b>May 18</b>

**TENNIS**  
**SEASON OF SPORT**  
**2010-2012**

<b>FIRST CONTEST:</b>	<u><b>Division I &amp; II Girls</b></u>	<u><b>Div. I &amp; II Boys, Div. III</b></u>
	August 23, 2010	February 21, 2010
	August 22, 2011	February 20, 2011
	August 20, 2012	February 18, 2012
<b>LAST CONTEST:</b>	October 14, 2010	May 5, 2011
	October 13, 2011	May 3, 2012
	October 11, 2012	May 2, 2013

**NOTE: The First and Last contests of Division III Boys and Girls are the same as the Division I & II Boys.**

**NSCIF TEAM**

<b>CHAMPIONSHIP:</b>	<b>October 26-27, 2010 (South )</b>	<b>May 10-11, 2011 (South)</b>
Division I & II (Large Schools)	<b>October 25-26, 2011(North)</b>	<b>May 8-9, 2012 (North)</b>
	<b>October 23-24, 2012 (South )</b>	<b>May 7-8, 2013 (South)</b>

**NSCIF INDIVIDUAL**

<b>CHAMPIONSHIPS:</b>	<b>Oct. 30, Nov. 1, 2, 2010</b>	<b>May 14, 16, 17, 2011*</b>
Division I & II (Large Schools)	<b>Oct. 29, 31, Nov. 1 2011</b>	<b>May 12, 14, 15, 2012*</b>
	<b>Oct. 27, 29, 30, 2012</b>	<b>May 11, 13, 14, 2013</b>

\* Host School: ???? Site: ????

<b>NSCIF INDIVIDUAL AND TEAM CHAMPIONSHIPS:</b>	<b>May 12-14, 2011</b>	<b>Shasta College</b>
	<b>May 10-12, 2012</b>	<b>Shasta College</b>
	<b>May 9-11, 2013</b>	<b>Shasta College</b>

<b>Division III</b>	<b>May 13-14, 2011</b>
	<b>May 11-12, 2012</b>
	<b>May 10-11, 2013</b>

**CIF USTA NORTHERN REGIONALS:**

<b>November 19-20, 2010</b>	<b>May 20-21, 2011</b>
<b>November 18-19, 2011</b>	<b>May 18-19, 2012</b>
<b>November 16-17, 2012</b>	<b>May 17-18, 2013</b>

**FIELD HOCKEY  
SEASON OF SPORT  
2010-2012**

**FIRST CONTEST: August 30, 2010  
August 29, 2011  
August 27, 2012**

**LAST CONTEST: October 27, 2010  
October 26, 2011  
October 24, 2012**

**NSCIF POST SEASON TOURNAMENT: October 29-30, 2010  
October 28-29, 2011  
October 26-27, 2012**