

Hot Topics in the CIF

I have received a recommendation that the Section puts together a “hot topics” correspondence to keep the school administration and leagues up to date on issues in the State as well as the Northern Section. Since I believe communication is essential, *here goes...*

Bylaw 600 – a first reading in May at the State Federated Council– “A student on a high school team becomes ineligible if the student ***tries out, practices or*** competes in a contest on an 'outside' team, in the same sport, during the student’s high school season of sport.” Currently trying out and practicing are not included in this bylaw.

This will go hand in hand with the State goal of instituting a maximum hour limit for coach’s contact with student athletes. Bylaw 310- “a student-athletes participation in countable athletically related activities shall be limited to a maximum of three (3) hours per day and eighteen (18) hours per week, including practice and contests.” This is to prevent overuse injuries and minimize interference with the athletes’ academic program.

Wrestling – First reading in May State Federated Council, second reading in Oct. for immediate implementation.

PENALTIES FOR MAXIMUM # CONTEST VIOLATION

Violation of Article 3101 will result in the following sanctions:

a. Matches; if an athlete goes over the prescribed 40 match limit the athlete shall be ineligible for any further competition for the season.

In addition to the above sanctions, the Section, depending on the violation, may impose the following additional sanctions:

- (1) The final season record will be reduced by at least one win at the conclusion of the season;
- (2) The school will be placed on probation;
- (3) The team/individual will be ineligible to advance to or in Section, Regional or State Championships;
- (4) Reduction of maximum number of matches allowed for the following year in that sport;
- (5) Repeated violation may result in suspension of membership in the CIF.

As leagues you need to be aware of the proposals that the football committee is seeking each leagues input of.