

**NSCIF TRACK/CROSS COUNTRY COMMITTEE  
MINUTES OF THE REGULAR MEETING  
SEPTEMBER 1, 2009  
ANDERSON HIGH DISTRICT OFFICE, ANDERSON, CALIFORNIA**

**In attendance:**

Liz Kyle	NSCIF Commissioner	Red Bluff
Norm MacKenzie	Track Commissioner	Oroville
Scott Fairley	Track Chairman	West Valley
Bill Springhorn	NAL XC	Central Valley
Bob Hall	NAL Track	Corning
Jim Deaver	EAL Track	Enterprise
Kevin Girt	EAL XC	Chico
Steve Nesheim	SCL XC	Mt. Shasta
Bob Hastings	BVL XC	Las Plumas
Gary Teague	SVLS Track	Pierce
Jean Murphy-Atkins	SVLN XC	Durham
Todd Hamer	MVL Track	Los Molinos
Tony Hermann	MVL XC	Williams
Dori Staub	EL Track	Tulelake
Dennis Boyle	USATF Official/Starter	Palo Cedro

Guests:

Burt Williams	USATF Official	Redding
Angie Callas	Athletic Director	Tulelake

- The meeting was called to order by Track Chairman, Scott Fairley at 9:37 a.m.
- Introductions were made. All leagues were represented.
- M/S/C Deaver/Atkins to approve the minutes of February 2, 2009.  
Fairley reviewed the minutes. M/S/C Deaver/Girt to approve the agenda.
- Officials Report:** Dennis Boyle of the Pacific Association USATF announced that we currently have 15 certified officials in our area. He passed out a suggested starter's fee schedule along with a list of starters. Dennis brought up concerns from the officials association that occurred at the NSCIF Track Finals last spring including time management by athletes in multiple events, and weights and measures violations.

The committee recommended that schools provide knowledgeable workers to work at the field events at the NSCIF Finals. Central Valley (shot put), Corning (pole vault), Enterprise (long/triple jump), Mt. Shasta (high jump), and Durham (hurdle warm-ups) volunteered to help this year.

**5. 2010 Championship Meets:**

State Meet	Fresno	Buchanan High School	June 4/5
NSCIF Finals	West Valley H.S.	West Valley/Fairley	May 28, 4pm
D1	Enterprise H.S.	Enterprise/Deaver	May 21, 1pm
D2	Wheatland/Oroville	BVL	May 21
D3	Co. of Siskiyou	Mt. Shasta/Nesheim	May 21 2pm
D4	West Valley	Tulelake/Staub	May 21, 10:30

NAL	Anderson	Anderson	May 14
EAL	Enterprise/Foothill	Enterprise	May 14
BVL	Wheatland/Oroville	??	May 14
EL	Tulelake	Tulelake	May 13
SVLN	Chico/PV	Live Oak	May 13
SVLS	Wheatland	Pierce	May 13
MVL	University Prep	Los Molinos/Williams	May 14
SCL	Co. of Siskiyou	Burney	May 14, 2pm

#### 6. 2010 Track Calendar:

March 19	North State Relays @ CSU, Chico
March 19	Panther JV Invite @ Chico High School
March 26	Eagle Classic Relays @ West Valley High School
March 26/27	Stanford Invitational @ Palo Alto
March 27	Burt Williams Invite @ Central Valley High School
April 3	Hornet Invitational @ Enterprise High School
April 17	John Frank Invite @ Central Valley High School
April ??	Yreka Lions Invite @ Yreka High School
April 23	West Valley/Chico Invite @ CSU, Chico
April 23	Pleasant Valley JV Invite @ Chico H.S.
April ??	Rio Vista Relays @ Rio Vista High School
April 23	Burney Spring Classic @ Burney High School
April ??	Sacramento Meet of Champions @ Hughes Stadium
May 7	Mt. Shasta Twilight @ Mt. Shasta High School
May 7	Gary Burton Invite @ Corning High School
May ??	Nevada Union Invite @ Nevada Union H.S.
May ??	Grants Pass Invite @ Grants Pass, OR

7. **Track Commissioner's Report:** Norm MacKenzie reviewed the financial report from last track season. As always, the committee discussed the need to keep costs down at last spring's meeting. Unfortunately, problems with the Division 2 meet resulted in \$900 being spent on automatic timing, with only \$190 taken in at the gate. The end result was a \$798.73 profit for the section.

**New Rules for 2010:** Scott Fairley reviewed the new rules for the 2010 season.

Major rule changes:

- In the hurdling events, officials do not have to determine if a hurdler knocks down a hurdle "deliberately." Competitors must attempt to clear each hurdle.
- A bungee cross bar may be used during warm-ups in the vertical jumps.
- An attempt in the pole vault will not be considered a foul if the uprights are positioned incorrectly by an official.
- Coaching areas must be clearly identified with flags.

#### 8. Track & Field Discussions:

**Realignment 2011/12:** Following the approval of new league alignments, the committee discussed the number of qualifiers from each division to the NSCIF Finals. The proposals were discussed with a straw vote indicating that the majority of committee members (9) were in favor of: D1 (2), D2 (2), D3 (1), D4 (1), at-large (2). Two committee members voted for: D1 (2), D2 (1), D3 (1), D4 (1), at-large (3). Committee members were instructed to discuss the proposals with their league

coaches with a final vote taking place in February. (We will also need to determine the number of qualifiers from leagues to divisional meets.)

**League/Divisional Realignment for 2011/12:** Scott Fairley reviewed the league alignments for 2011/12. See attached.

**Honor Coach Selection Process:** Norm MacKenzie proposed a change in the number of honor coaches per season as well as the process to select the honor coaches.

M/S/C Nesheim/Hastings to reduce the number of honor coaches from two to one coach per season.

Bob Hall, Jean Murphy-Atkins, Todd Hamer volunteered to work on a nomination committee for honor coaches. The committee will nominate qualified coaches at each meeting.

**Championship Meet Dates:** Fairley passed along a concern by Mike Flint that the championship meet dates seem to be later each year. Unfortunately, league, divisional, and section final dates are dictated by the State CIF Championships. The state meet is held the first weekend of June each year. Concerns about dual meets need to be addressed by each league.

## 9. Cross Country Report:

**2009 NSCIF Date:** The 2009 NSCIF Cross Country Championships will be held at West Valley High School on Thursday, November 12 beginning at 2:00 p.m. Rotation order is: Var. Boys, Var. Girls, Open Boys, Open Girls.

**NSCIF Starting Line Procedures:** Due to the increasing number of participants at the NSCIF Finals, the committee has recommended procedures to create a more safe and fair starting line.

- a) A second starting line 10 yards behind the front line will be available for all runners not in the top 7 on a team.
- b) Flagging will separate runners from the center of the starting line around the first turn.
- c) Preferred starting boxes for the top 10 ranked teams will be located on the north half of the starting line.
- d) A box for any top 10 ranked individual will be available in the center of the starting line.

**2009 NSCIF Divisions:** No schools will change divisions in 2009. The number of team qualifiers from each division is as follows: D2 (1), D3 (1), D4 (2), D5 (2) for both boys and girls.

### **NSCIF Cross Country Honor Coaches:**

This is the eighteenth year the section has honored coaches in cross country. The Honor Coach for 2009: Coach – Dr. Bill Brown (Fall River) Congratulations!! Criteria for this award includes longevity in the sport (at least 5 years), contribution to the betterment of the sport within our section, and sportsmanship. Other nominations included: Howard Brodmerkle (CV), Andrew Farrell (Corning), Annette Wilson (Foothill).

10. **State CIF Track Committee Report:** Jim Deaver will attend the state meeting at the end of September. Jim was asked to find out if bobby pins and dyed hair would be allowed at the state cross country meet.
11. **Admission Prices:** Liz Kyle informed the committee that the Board of Managers may vote to raise admission prices \$1.00 per person at all championship meets this year. She also encouraged the track committee to increase admission prices another dollar per person for the 2011/12 realignment cycle. Following a lengthy discussion involving alternative ways to raise money for the section, the track committee expressed their wish not to increase admission prices.
12. **Critique of 2009 Championship meets:** Except for the financial problems at the Division 2 meet, all championship meets seemed to run smoothly. Great job!
13. **Track Coaches Clinic:** Enterprise and West Valley High Schools will host the fourth annual track and field coaches clinic on Saturday, Feb. 6 beginning at 9:00am. The clinic will be held at Enterprise. Coaches, officials, as well as interested volunteers are encouraged to attend. An earlier clinic date has been made in an attempt to secure speakers from outside our section this year. More information to come.
14. **Web site:** Coaches are reminded that entries are required to be posted on [www.athletic.net](http://www.athletic.net)
15. A **tentative date** for the next NSCIF Track Committee meeting was set for Tuesday, February 2, 2010 beginning at 9:30 a.m. (Please bring league by-laws to the next meeting.)
16. The meeting was adjourned at 12:46 p.m.

Respectfully submitted,  
Scott Fairley, Chairman