

NSCIF TRACK & FIELD CHAMPIONSHIPS

ORDER OF EVENTS

FIELD EVENTS

EVENT # 1	4:00	GIRLS HIGH JUMP
EVENT # 2	4:00	GIRLS SHOT PUT
EVENT # 3	4:00	BOYS DISCUS
EVENT # 4	4:00	GIRLS TRIPLE JUMP (RUNWAY - 2)
EVENT # 5	4:00	BOYS LONG JUMP (RUNWAY - 1)
EVENT # 6	4:00	BOYS POLE VAULT
EVENT # 7	5:00	BOYS HIGH JUMP
EVENT # 8	5:00	GIRLS DISCUS
EVENT # 9	5:00	BOYS SHOT PUT
EVENT #10	5:00	BOYS TRIPLE JUMP (RUNWAY - 2)
EVENT #11	5:00	GIRLS LONG JUMP (RUNWAY - 1)
EVENT #12	6:00	GIRLS POLE VAULT

RUNNING EVENTS

EVENT #33	5:00	GIRLS 4 X 800 METER RELAY
EVENT #34	5:15	BOYS 4 X 800 METER RELAY
EVENT #13	6:00	GIRLS 4 X 100 METER RELAY
EVENT #14	6:05	BOYS 4 X 100 METER RELAY
EVENT #15	6:10	GIRLS 1600 METERS
EVENT #16	6:20	BOYS 1600 METERS
EVENT #17	6:35	GIRLS 100 M HIGH HURDLES
EVENT #18	6:45	BOYS 110 M HIGH HURDLES
EVENT #19	6:55	GIRLS 400 METERS
EVENT #20	7:00	BOYS 400 METERS
EVENT #21	7:05	GIRLS 100 METERS
EVENT #22	7:10	BOYS 100 METERS
EVENT #23	7:15	GIRLS 800 METERS
EVENT #24	7:20	BOYS 800 METERS
EVENT #25	7:30	GIRLS 300 M LOW HURDLES
EVENT #26	7:40	BOYS 300 M INTERMEDIATE HURDLES
EVENT #27	7:50	GIRLS 200 METERS
EVENT #28	7:55	BOYS 200 METERS
EVENT #29	8:00	GIRLS 3200 METERS
EVENT #30	8:15	BOYS 3200 METERS
EVENT #31	8:30	GIRLS 4 X 400 METER RELAY
EVENT #32	8:40	BOYS 4 X 400 METER RELAY