

**NSCIF TRACK/CROSS COUNTRY COMMITTEE
MINUTES OF THE REGULAR MEETING
FEBRUARY 2, 2010
ANDERSON HIGH DISTRICT OFFICE, ANDERSON, CALIFORNIA**

In attendance:

Liz Kyle	NSCIF Commissioner	Red Bluff
Norm MacKenzie	Track Commissioner	Oroville
Scott Fairley	Track Chairman	West Valley
Bob Hall	NAL Track	Corning
Bill Springhorn	NAL XC	Central Valley
Jim Deaver	EAL Track	Enterprise
Kevin Girt	EAL XC	Chico
Mike Flint	SCL Track	Trinity
Steve Nesheim	SCL XC	Mt. Shasta
Tami O'Neill	BVL Track	Sutter
Bob Hastings	BVL XC	Las Plumas
Gary Teague	SVLS Track	Pierce
Jean Murphy-Atkins	SVLN XC	Durham
Dori Staub	EL/FRL Track	Tulelake
Todd Hamer	MVL Track	Los Molinos
Tony Hermann	MVL XC	Williams
Dennis Boyle	USATF Official/Starter	Palo Cedro

Guests:

Ron Wooley	EAL Commissioner	Enterprise
Burt Williams	USATF Starter	Retired

1. The meeting was called to order by Track Chairman, Scott Fairley at 9:33 a.m.
2. Introductions were made. All leagues were represented.
3. M/S/C Deaver/Nesheim to approve the minutes of September 1, 2009. Fairley reviewed the minutes. M/S/C Deaver/Teague to approve the agenda.
4. **USATF Officials:** USATF Certified Official, Dennis Boyle, covered the new rules for 2010. (see below) Officials will make an effort to warn athletes of uniform and jewelry violations prior to competition. The athlete will be given the opportunity to correct the infraction, provided it does not delay the meet. Dennis emphasized that uniforms for relay members must be alike when looking at them at a "glance".

Major Track Rule Changes and Reminders for 2010:

1. **Hurdling Infraction:** Officials do not have to determine if a hurdler knocks down a hurdle "deliberately". Competitors must attempt to clear each hurdle.
2. **Bungee Crossbars** may be used during warm-ups in the vertical jumps.
3. **Pole Vault Standards:** An attempt will not be considered a foul if the uprights are positioned incorrectly by an official.
4. **Coaching Box:** An area must be clearly identified with flagging.

5. **2010 Championship Meets:**

State Meet	Buchanan H.S.	Fresno	June 4/5
NSCIF Finals	West Valley H.S.	West Valley/Fairley	May 28, 4pm
D1	Enterprise H.S.	Enterprise/Deaver	May 21, 1pm
D2	Wheatland H.S.	Wheatland	May 21
D3	Co. of Siskiyou	Mt. Shasta/Nesheim	May 12, 2pm
D4	West Valley	Tulelake/Staub	May 21, 10:30
NAL	Anderson	Anderson	May 14, 2pm
EAL	Enterprise	Enterprise	May 14
BVL	Orland	Orland	May 13
EL	Tulelake	Tulelake	May 13
SVLN	Chico/PV	Live Oak	May 13
SVLS	Wheatland H.S.	Pierce	May 13
MVL	University Prep	Los Molinos/Williams	May 14
SCL	Co. of Siskiyou	Burney	May 14, 2pm

6. **2010 Track Calendar:**

March 19	North State Relays @ CSU, Chico
March 19	Panther JV Invite @ Chico High School
March 26	Eagle Classic Relays @ West Valley High School
March 27	Burt Williams Invite @ Central Valley High School
March 26/27	Stanford Invitational @ Palo Alto
April 2	Black Butte Invitational @ Orland High School
April 3	Hornet Invitational @ Enterprise High School
April 17	John Frank Invite @ Central Valley High School
April 17	Yreka Lions Invite @ Yreka High School
April 23	West Valley/Chico Invite @ CSU, Chico
April 23	Pleasant Valley JV Invite @ Chico H.S.
April 23	Burney Spring Classic @ Burney High School
May 1	Sacramento Meet of Champions @ Hughes Stadium
May 7	Mt.Shasta Twilight @ Mt. Shasta High School
May 7	Gary Burton Invite @ Corning High School
May 7	Nevada Union Invite @ Nevada Union H.S.
May 8	Grants Pass Invite @ Grants Pass, OR

7. **NSCIF Track/XC Committee Representatives:** Due to realignment, league representatives need to be filled or moved in several leagues.

2011/2012 representatives:

EALN	Kevin Girt (Chico)	Jim Deaver (Enterprise)
EALS	Bob Hastings (LP)	
NAL	Bill Springhorn (CV)	Bob Hall (Corning)
BVL	Tami O'Neil (Wheatland)	
SVL	Mike Flint (Trinity)	Jean Murphy-Atkins (Durham)
MVL	Tony Hermann (Williams)	Kristen Reagan (UPrep)
SCL	Steve Nesheim (Mt.Shasta) XC	
EL	Dori Staub (Tulelake)	Steve Van Ert (Dunsmuir)
MTL	Todd Hamer (Los Molinos)	

8. **Realignment for 2011/12:** After two meetings in which Divisional qualifiers to the NSCIF Finals had been discussed, a vote took place. A lengthy discussion over two proposals preceded the vote. The proposals were Proposal #1 D1 (2), D2 (2),

D3 (1), D4 (1), 2 at-large and Proposal #2 D1 (2), D2 (1), D3 (1), D4 (1), 3 at-large.

M/S/C Deaver/Hastings Divisional Qualifiers to NSCIF Finals: D1 (2), D2 (2), D3 (1), D4 (1), 2 at-large.

Representatives from each division met separately to discuss qualifiers from each league to the divisional meets. Due to the unique configuration of each division, the number of automatic qualifiers in each division varied.

League Qualifiers to the Divisional Championships:

Division 1 – EALN (3), EALS (2), at-large (3)

Division 2 – NAL (4), BVL (3), at-large (1)

Division 3 – SVL (2), MVL (2), at-large (4)

Division 4 – SCL (2), EL (2), MTL (2), at-large (2)

Due to the fact that the NSCIF Track Finals is a non-scoring meet, many athletes drop events to concentrate on their best event. The committee would like to see as many lanes filled at the NSCIF Finals as possible. With this in mind, the committee recommends adding two alternates into the meet.

M/S/C Deaver/Girt to add the next two best performers in each event after all the at-large berths have been filled at the NSCIF Finals. Six alternates will be listed in the program with the top individual from each division noted. If an athlete drops out of an event, the alternate from that athlete's division has the first shot at filling the position. However, if that alternate is not available, the athlete with the best mark who is present will have the opportunity to fill the position.

9. Cross Country Report: The NSCIF Cross Country Championships were held at West Valley High School on Thursday, November 12, 2009 beginning at 2:00 p.m. The meet featured 535 runners (record 199 varsity boys) from 34 schools who ran under ideal racing conditions. Senior, Zach Kaylor (Enterprise) won the section varsity boys' title, while junior Tiffany Heflin (Lassen) was the varsity girls' winner. Chico won the overall girls title, while Enterprise won the boys. Financially, the meet had a net profit of \$873.10 after all expenses were paid. See attached.

2010 NSCIF Date: The 2010 NSCIF Cross Country Championships will be held at West Valley High School on Friday, November 12 beginning at 2:00 p.m. Rotation order is: Var. Girls, Var. Boys, Open Girls, Open Boys.

State CIF Results: The Northern Section had another fine showing at the state meet with two individuals and one team placing in the top 10. University Prep's girls placed 10th as a team in Division 5. Individually, Corissa Storms (West Valley) ran the fourth fastest time ever by a Northern Section girl while placing 8th (D4) and Kim Micheletti (UPrep) placed 9th in Division 5. In the Division 2 race, Dan Parker (Chico) ran the fourth fastest time ever by a Northern Section boy at the state meet.

2010 Cross Country Calendar:

Sept. 4	Bill Springhorn Invite @ Shasta College
Sept. 11	Yreka Invitational @ Yreka
Sept. 16	Mt. Shasta Invite @ Mt. Shasta
Oct. 8	West Valley Coed Invitational @ West Valley

NSCIF Starting Line: The committee felt that the adjustments made to the starting line were successful. There were no problems despite 200 runners in the boys race.

NSCIF Enrollment Divisions: The committee will need to review the make-up of divisions at our September meeting from now on because the CBED reports are not available for the February meeting.

10.Track Commissioner's Report: Norm MacKenzie passed out packets to the championship meet directors who were present. Medals and plaques were also distributed to meet directors. Meet directors were reminded to check their awards prior to their meets.

Championships Meet Finances: The desire of the committee is to conduct quality championship competitions while still keeping costs down. If an outside group is brought in to provide timing and results services, the cost of such services must be divided between the schools in their division.

Entry Lists and Billing: Paper entry lists no longer need to be sent to the section office following the championship meets. Meet directors must email the Hytek backup file to Cindy Teague at the section office. Cindy will bill each school based on the entries prior to the meet. Alternates will not be charged an entry fee. Qualifiers will be charged the \$6.00 entry fee unless they notify the meet director by the Monday evening prior to the meet. Alternates will then be entered into the meet.

11.NSCIF Handbooks: Scott Fairley reviewed changes to the 2011-2012 Track and Cross Country Handbooks. Changes included championship meet dates and any procedural changes made over the past two years. Updated handbooks will be distributed next fall.

12.State CIF Committee Report: Jim Deaver reported that chip timing would be used at the state cross country meet. Also, Seventh Day Adventist runners will now be allowed to run on Friday and have their results plugged into Saturday's races. No body paint or visible skin decorations will be allowed at the state meet. Hair clips are OK. In extremely warm conditions, it is recommended that races be shortened. For track and field, the state meet in Fresno was a huge success in all aspects. At the 2010 meet, the meet will be scored to eight places with the top six receiving medals. Scoring will be 10-8-6-5-4-3-2-1.

13.Track Honor Coach: The Northern Section Track and Field Honor Coach for 2010 is Kirk Ramage (Shasta). Congratulations! Other nominees included: Don Minto (Corning), Rhonda Heiney (Tulelake), Ed Roach (Gridley), and Dick Parks (Enterprise/Anderson).

14.Nor Cal Track Coaches Clinic: Enterprise and West Valley High Schools will host the fourth track and field coaches clinic on Saturday, Feb. 6 beginning at 9:00am. The clinic will be held at Enterprise. Coaches, officials, and interested volunteers are encouraged to attend. Several tremendous speakers from out of the area will share their knowledge.

15. A tentative date for the next NSCIF Track Committee meeting was set for Tuesday, September 14, 2010 beginning at 9:30 a.m.

16. The meeting was adjourned at 12:50 p.m.

Respectfully submitted, Scott Fairley, Chairman