

**NSCIF TRACK/CROSS COUNTRY COMMITTEE
MINUTES OF THE REGULAR MEETING
FEBRUARY 2, 2011
ANDERSON HIGH DISTRICT OFFICE, ANDERSON, CALIFORNIA**

In attendance:

Norm MacKenzie	Track Commissioner	Oroville
Scott Fairley	Track Chairman	West Valley
Bill Vader	NAL Track	Corning
Bill Springhorn	NAL XC	Central Valley
Jim Deaver	EALN Track	Enterprise
Kevin Girt	EALN XC	Chico
Bob Hastings	EALS XC	Las Plumas
Les Helsley	SCL Track	Etna
Steve Nesheim	SCL XC	Mt. Shasta
Jason Soderlund	BVL Track	Sutter
Jean Murphy-Atkins	BVL XC	Durham
Mike Flint	SVL Track	Trinity
Gary Teague	SVL XC	Pierce
Dori Staub	EL Track	Tulelake
Paula Silva	EL XC	Big Valley
Tony Hermann	MVL Track	Williams
Paul Turk	MVL XC	Redding Adventist
Todd Hamer	MTL Track	Los Molinos
Dennis Boyle	USATF Official/Starter	Palo Cedro

Guests:

Orlyn Culp	Coach	Yreka
Bruce Makinson	USATF Starter	Retired

1. The meeting was called to order by Track Chairman, Scott Fairley at 9:31 a.m.
2. Introductions were made. All leagues were represented.
3. M/S/C Deaver/Soderlund to approve the minutes of September 14, 2010. Fairley reviewed the minutes. M/S/C Nesheim/Deaver to approve the agenda.

While reviewing the minutes, a concern over coaches neglecting to post track results on athletic.net arose. In cross country, coaches are required to post results prior to November 1 in order for athletes to compete in the NSCIF Finals. A similar requirement was suggested for track and field. However, since athletes must qualify for the divisional meets through their league finals, it was decided that this should be a league matter. The committee is asking that Liz Kyle re-issue a mandate stating that coaches must post results on athletic.net in order for athletes to qualify for championship meets. This is consistent with team sports who must post their results on MaxPreps for seeding purposes.

4. **USATF Officials:** USATF Certified Official, Dennis Boyle, covered the new rules for 2011. (see below) Following a discussion concerning female athletes who roll their waistband down, the committee felt that as long as the midriff is not exposed at the

beginning of the event, rolling the shorts down for comfort would not result in disqualification. Dennis also passed out a roster of officials and starters in the area who are available to help at meets.

Major Track Rule Changes and Reminders for 2011:

1. **Medical Bracelets:** Cloth, vinyl, and rubber medical alert bracelets may be worn during competition. Medal necklaces must still be taped to the body.
2. **Jewelry Rule:** A first violation will no longer result in disqualification. Instead, a team warning will be issued and any subsequent violations by any team member will result in disqualification.
3. **Passing Heights:** When a competitor has passed three consecutive heights, they will be given more than one warm-up jump.

Point of Emphasis: In field events, the top qualifier has the right to the last attempt in the competition even if another competitor has been excused to compete in another event.

5. 2011 Championship Meets:

State Meet	Buchanan H.S.	Fresno	June 3/4
NSCIF Finals	West Valley H.S.	West Valley/Fairley	May 27, 4pm
D1	Enterprise H.S.	Enterprise/Deaver	May 20
D2	Central Valley H.S.	Central Valley/Springhorn	May 20, 3pm
D3	Mt. Shasta H.S.	Mt. Shasta/Nesheim	May 20, 2pm
D4	West Valley	Los Molinos/Hamer	May 20, 10:30
NAL	West Valley	Corning	May 13
EALN	Enterprise	Enterprise	May 13
EALS	Oroville	Oroville	May 13
BVL	Wheatland	Orland	May 12
EL	Tulelake	Big Valley	May 12
SCL	Tulelake	Etna	May 12
MTL	University Prep	Los Molinos	May 12
MVL	Yuba College	Williams	May 13

6. 2011 Track Calendar:

March 18	North State Relays @ CSU, Chico
March 18	Panther JV Invite @ Chico High School
March 25	Eagle Classic Relays @ West Valley High School
March 26	Burt Williams Invite @ Central Valley High School
March 25/26	Stanford Invitational @ Palo Alto
April 2	Black Butte Invitational @ Orland High School
April 2	Hornet Invitational @ Enterprise High School
April 9	John Frank Invite @ Central Valley High School
April 15	Woody Wilson Invite @ UC Davis
April 22	West Valley/Chico Invite @ CSU, Chico
April 22	Burney Spring Classic @ Burney High School
April 29	Pleasant Valley JV Invite @ Chico H.S.
April 29	Yreka Lions Invite @ Yreka High School
April 30	Grants Pass Invite @ Grants Pass, OR
April 30	Sacramento Meet of Champions @ Hughes Stadium
May 6	Mt. Shasta Twilight @ Mt. Shasta High School
May 6	Gary Burton Invite @ Corning High School

May 6 Nevada Union Invite @ Nevada Union H.S.
May 7 Mazama Invite @ OIT

7. Realignment:

a) Fairley reviewed the divisional and NSCIF qualifiers for this year.

Qualifiers to NSCIF Finals: D1 (2), D2 (2), D3 (1), D4 (1), 2 at-large.

League Qualifiers to the Divisional Championships:

Division 1 – EALN (3), EALS (2), at-large (3)

Division 2 – NAL (4), BVL (3), at-large (1)

Division 3 – SVL (2), MVL (2), at-large (4)

Division 4 – SCL (2), EL (2), MTL (2), at-large (2)

b) 2013-14 League Alignments: The National, American, and California Conferences are still in the process of finalizing leagues for the 2013-14 seasons. However, the American Conference asked the Track Committee to recommend track and field leagues in that conference.

M/S/C Nesheim/Hermann to maintain the current leagues in track and cross country in the American Conference.

8. Track Commissioner's Report: Norm MacKenzie passed out packets to the championship meet directors who were present. Medals and plaques were also distributed to meet directors. Meet directors were reminded to check their awards prior to their meets.

Championships Meet Finances: The desire of the committee is to conduct quality championship competitions while still keeping costs down. If an outside group is brought in to provide timing and results services, the cost of such services must be divided between the schools in their division.

Masters or NSCIF Championships?: Recently, local newspapers have been calling the Northern Section Finals meet the "Masters" meet. The NSCIF Track Committee would like the meet to be called the NSCIF Championships. The term "Masters" refers to 40+ age competitors. Fairley will notify the Record-Searchlight of our wishes.

NSCIF Officials – Schools have volunteered to send helpers to work the field events at the NSCIF Championship meet. However, each event will have a certified USATF Official as the head judge, with volunteers working as rakers, measurers, bar placers, etc. Corning, CV, Durham, and Trinity will provide help.

9. NSCIF Handbooks: Scott Fairley distributed the 2011-2012 Track and Cross Country Handbooks. Changes included championship meet dates and any procedural changes made over the past two years. League representatives were asked to distribute the handbooks to the coaches in their leagues.

10. Cross Country Report: The NSCIF Cross Country Championships were held at West Valley High School on Wednesday, November 10, 2010 beginning at 2:00 p.m. The meet featured 516 finishers from 33 schools who ran under ideal racing conditions. Senior, Domenic D'Acquisto (Enterprise) won the section varsity boys'

title, while junior Kody Atkins (Chico) was the varsity girls' winner. Chico won the overall girls title, while Enterprise won the boys. Financially, the meet had a net profit of \$647.47 after all expenses were paid. See attached.

2011 NSCIF Date: The 2011 NSCIF Cross Country Championships will be held at West Valley High School on Thursday, November 10 beginning at 2:00 p.m. Rotation order is: Var. Boys, Var. Girls, Open Boys, Open Girls.

State CIF Results: Although the Northern Section did not have a team place in the top ten, individually Domenic D'Acquisto (Enterprise) ran the fastest time ever by a Northern Section athlete at the state meet (15:20) in placing 2nd in the Division 3 race.

2010 Cross Country Calendar:

Sept. 2	Bill Springhorn Invite @ Shasta College
Sept. 10	Yreka Invitational @ Yreka
Sept. 15	Mt. Shasta Invite @ Mt. Shasta
Sept. 16	Las Plumas Invite @ Oroville Forbay
Oct. 14	West Valley Coed Invitational @ West Valley

NSCIF Uniforms: USATF Official, Bruce Makinson informed the committee that there were several uniform violations that occurred at the NSCIF Championships after the race began. One such violation was the "rolling" of the waistband during the race. Since the rule book does not state that "rolling" the waistband is a violation, the committee directed the officials to not worry about this unless the midriff is showing while standing erect on the starting line. Also, uniforms do not need to be tucked in .

11. **State CIF Committee Report:** Jim Deaver reported that the State track meet will most likely stay at Buchanan High School for the next few years. Profits were over \$74,000. The Northern Section's proposal to lower the opening height in the high jump and pole vault at the state meet was rejected. In cross country, Nike will sponsor the meet over the next 3 years, providing disposable timing chips and t-shirts to winning teams. The baseline for team qualifiers will not change even if a section has the minimum 8 full teams in a division. There is a proposal to add a sixth division at state, since there are no limitations anymore on the size of school in each division. Sections are free to place schools in whichever division they choose. Our schools are competing against schools of much larger size from the Southern Section, for example.

12. **Track Honor Coach:** The Northern Section Track and Field Honor Coach for 2011 is Don Minto (Corning) Congratulations! Other nominees included: Jean Murphy-Atkins (Durham), Les Helsley (Yreka/Etna), and Robert Quist (Chico).

13. **USATF Track Official's Clinic:** The Pacific Association of USATF will be conducting an officials' clinic at Enterprise High School on Saturday, Feb. 12 from 9:00am – 4:00pm. The cost is \$35.00. Anyone interested in becoming a certified official or learning more about track and field is encouraged to attend.

14. A tentative date for the next NSCIF Track Committee meeting was set for Tuesday, September 13, 2011 beginning at 9:30 a.m.

15. The meeting was adjourned at 12:21 p.m.

Respectfully submitted,

Scott Fairley, Chairman