

Please remind your football coaches of the following information found in the NSCIF Football Guidelines

FIRST PRACTICE: August 8, 2011

FIRST CONTEST: August 26, 2011

LAST CONTEST: November 4, 2011

NSCIF PLAYOFFS: November 10*, 18, 23, 2011

OUT OF SEASON ACTIVITIES (NSCIF BYLAW 1903.1)

Football will be treated the same as other sports with the exception of the use “*player protective gear*”. *The use of: sleds, bags and any other practice equipment WILL be allowed outside the season of sport.*

SUMMER CAMPS (NSCIF 1903.2)

The following guidelines are to be followed:

1. Coaches and athletes may attend organized summer camps as individuals or as a team. These camps are non-mandatory and must be open to any coach or any athlete from any school.
2. The NSCIF will allow 10 calendar days in football gear outside of the regular season *to attend “authorized” team camps*. As an individual, one may go to as many contact camps as desired, i.e., a quarterback attending the quarterback-receiver camp on their own.
3. If a school hosts a summer football camp, the school must inform the NSCIF Commissioner in writing. The camp must be advertised throughout the Northern Section. The Principal of that school must sanction the summer football camp and notify the sponsors of the camp that they are responsible for liability insurance for participants

It is recommend that ALL Football coaches print of and read the NSCIF Football Guidelines. They can be found at <http://cifns.org/playoff/guidelines/Football.pdf>