

**NSCIF TRACK/CROSS COUNTRY COMMITTEE
MINUTES OF THE REGULAR MEETING
SEPTEMBER 14, 2010
ANDERSON HIGH DISTRICT OFFICE, ANDERSON, CALIFORNIA**

In attendance:

Norm MacKenzie	Track Commissioner	Oroville
Scott Fairley	Track Chairman	West Valley
Bill Springhorn	NAL XC	Central Valley
Bob Hall	NAL Track	Corning
Jim Deaver	EALN Track	Enterprise
Kevin Girt	EALN XC	Chico
Bob Hastings	EALS Track	Las Plumas
Michael Buchanan	EALS XC	Oroville
Gary Teague	SVL Track	Pierce
Jean Murphy-Atkins	BVL XC	Durham
Todd Hamer	MTL Track	Los Molinos
Tony Hermann	MVL XC	Williams
Paul Turk	MVL Track	Redding Adventist
Les Helsley	SCL Track	Etna
Dori Staub	EL Track	Tulelake
Bruce Makinson	USATF Official/Starter	Redding

Guests:

Pam Borg	Cross Country Coach	Yreka
Mike Moynahan	Retired	Enterprise

1. The meeting was called to order by Track Chairman, Scott Fairley at 9:37 a.m.
2. Introductions were made. All leagues were represented.
3. M/S/C Hall/Springhorn to approve the minutes of February 2, 2010.
Fairley reviewed the minutes. M/S/C Deaver/Girt to approve the agenda.
4. **Officials Report:** Bruce Makinson of the Pacific Association USATF announced that we may have several officials not available to work at the NSCIF Track Finals due to the NCAA Division II Championships taking place at CSU, Stanislaus during that same weekend. Several schools will help provide workers for the NSCIF meet.

5. 2011 Championship Meets:

State Meet	Fresno	Buchanan High School	June 3/4
NSCIF Finals	West Valley H.S.	West Valley/Fairley	May 27, 4pm
D1	Enterprise H.S.	Enterprise/Deaver	May 20,
D2	Central Valley H.S.	Central Valley/Springhorn	May 20, 3pm
D3	Co. of Siskiyou	Mt. Shasta/Nesheim	May 20 2pm
D4	West Valley	Los Molinos/Hamer	May 20, 10:30
NAL	West Valley	Corning	May 13
EALN	Enterprise	Enterprise	May 13
EALS	Oroville	Oroville/Las Plumas	May 13
BVL	Wheatland or Orland		May 12

EL	Tulelake	Tulelake	May 12
SVL	Chico/PV	Durham	May 12
MTL	??	Los Molinos	May 12
MVL	Yuba College	Williams	May 13
SCL	Co. of Siskiyou	Etna	May 14

6. 2011 Track Calendar:

March 18	North State Relays @ CSU, Chico
March 18	Panther JV Invite @ Chico High School
March 25	Eagle Classic Relays @ West Valley High School
March 25/26	Stanford Invitational @ Palo Alto
March 26	Burt Williams Invite @ Central Valley High School
April 1	Black Butte Invite @ Orland High School
April 2	Hornet Invitational @ Enterprise High School
April 9	John Frank Invite @ Central Valley High School
April 15 or 22	Burney Spring Classic @ Burney High School
April 21	Pleasant Valley JV Invite @ Chico H.S.
April 22	West Valley/Chico Invite @ CSU, Chico
April 29	Yreka Lions Invite @ Yreka High School
April 30	Sacramento Meet of Champions @ Hughes Stadium
April 30	Mazama Invite @ OIT
May 6	Mt. Shasta Twilight @ Mt. Shasta High School
May 6	Gary Burton Invite @ Corning High School
May 6	Nevada Union Invite @ Nevada Union H.S.
May 6	Grants Pass Invite @ Grants Pass, OR

7. **Track Commissioner's Report:** Norm MacKenzie reviewed the financial report from last track season. As always, the committee discussed the need to keep costs down at these meets. The end result was a \$3,077.92 profit for the section.

There continues to be a problem with all the leagues having a fully automatic timing system available. Norm suggested buying a couple pyroflash systems rather than paying \$960 for someone to come in and do the timing. The problem is having trained personnel to run the system.

Special Event Wrist Bands: When an athlete must wear a wrist band to re-enter a fair during the championship meet season, special permission may be granted by meet management at the coaches meeting.

M/S/C Deaver/Hastings to allow the wearing of 'special event' wristbands during competition provided the coach clears it with meet management at the pre-meet coaches meeting.

New Rules for 2011: Scott Fairley reviewed the new rules for the 2011 season. Major rule changes:

- Cloth, vinyl, and rubber medical alert bracelets may be worn during competition. Necklaces must still be taped to the body.
- A first violation of the jewelry rule will no longer result in disqualification, instead a team warning will be issued and any subsequent violations by any team member will result in disqualification.
- When a competitor in the vertical jumps has passed three consecutive heights, they will be given more than one warm-up jump.

8. Track & Field Discussions:

By-Law Review: Fairley reviewed the new track and field handbook for 2011. He reviewed section and divisional qualifiers, as well as new league alignments. The committee wished to have a general rule revised concerning Player Eligibility. The rule should read: All athletes must meet the following 2 criteria to compete at the section track meets (Division or Masters)

1. Have completed at the league Championship meet
2. Must be on the league meet roster.

League Representatives: With new league configurations, league representatives were discussed. It was recommended that Michael Spence (Providence Christian) represent the MTL and Jason Soderlund (Wheatland) the BVL. Those coaches will be invited to attend our meetings.

Voting Members: Track and cross country committee members were reminded that they, and not visitors, are the only ones who should vote on section matters. (Members who are not able to attend the meeting, may send a proxy vote on important matters.) Jean Murphy-Atkins will volunteer to keep track of those qualifiers who do not make it to the section finals over the next few years.

Uniforms: Recently, there has been an issue with male athletes exposing their Underarmour waist bands. This is a violation of a company logo size on uniforms.

State Meet Starting Heights: Mike Moynahan presented a proposal to lower the starting heights in the high jump and pole vault at the state meet. Athletes who qualify for the state meet should have a reasonable chance of making the opening height. Currently, the starting height is set at 33% of the qualifying heights.

M/S/C Springhorn/Deaver by unanimous decision to propose to the State CIF Track Committee to use either two pits at the same time, or have the lower half of the qualifiers begin competition 2 hours earlier, in order to set the starting height at the qualifying mark of the lowest competitor.

NSCIF Qualifiers in 1600/3200: Fairley presented a plan to increase the number of qualifiers to the NSCIF Finals from 8 to 12 due to the high number of qualifiers who drop an event to concentrate on one race.

M/S/C Deaver/Hermann to increase the number of qualifiers at the NSCIF Finals to 12 in the 1600 and 3200. Current qualifying procedures will continue, with the top 6 times after all the automatic qualifiers are determined, moving onto the section race. D1 (2), D2 (2), D3 (1), D4 (1), at-large (6).

9. Cross Country Report:

2010 NSCIF Date: The 2010 NSCIF Cross Country Championships will be held at West Valley High School on Wednesday, November 10, beginning at 2:00 p.m.

Originally scheduled for Friday, November 12, the committee voted to move the meet to Wednesday due to the four day weekend created by Veteran's Day. The move to Wednesday still needs to be approved by the NSCIF Board of Managers. Rotation order is: Var. Girls, Var. Boys, Open Girls, Open Boys.

NSCIF By-Laws: Fairley reviewed the NSCIF Cross Country by-laws. There were no problems with the by-laws as presented.

2010 NSCIF Divisions: The committee reviewed the 2009 CBED report and discussed school placement within the cross country sliding scale divisions. Due to declining enrollment in Chico, it looks like Pleasant Valley and Chico will drop down into Division 3 next year, giving that division the minimum number to have a second team representative at state. Jim Deaver will notify the State Advisory committee so that they may adjust the number of teams in Divisions 2 and 3.

Athletic.net: The section continues to have coaches who do not post results on Athletic.net even though the section has mandated the practice to be eligible for post season competition. Under Player Eligibility of the NSCIF Cross Country playoff guidelines, the committee would like to add, "Have competed in at least 2 verified meets posted on Athletic.net by November 1".

NSCIF Cross Country Honor Coaches:

This is the nineteenth year the section has honored coaches in cross country. The Honor Coach for 2010: Coach – Andrew Farrell (Corning) Congratulations!! Criteria for this award includes longevity in the sport (at least 5 years), contribution to the betterment of the sport within our section, and sportsmanship. Other nominations included: Tony Hermann (Williams), Howard Brodmerkle (CV), Annette Wilson (Foothill).

10. **State CIF Track Committee Report:** Jim Deaver will attend the state meeting at the end of September. Jim will present the lower starting height at the state meet proposal, and address the possibility of Chico and PV moving into D3 in cross country.
11. **Critique of 2010 Championship meets:** All championship meets seemed to run smoothly. Great job!
12. **Track Officials Certification Clinic:** A track officials certification clinic will take place in January somewhere in the Redding area. Also of note, the World Masters Track and Field Championships will take place in Sacramento next July.
13. **Web site:** Coaches are reminded that entries are required to be posted on www.athletic.net
14. A **tentative date** for the next NSCIF Track Committee meeting was set for Tuesday, February 1, 2011 beginning at 9:30 a.m.
15. The meeting was adjourned at 1:09 p.m.

Respectfully submitted,
Scott Fairley, Chairman