

**NSCIF TRACK/CROSS COUNTRY COMMITTEE
MINUTES OF THE REGULAR MEETING
FEBRUARY 1, 2012
ANDERSON HIGH DISTRICT OFFICE, ANDERSON, CALIFORNIA**

In attendance:

Liz Kyle	NSCIF Commissioner	Chico
Norm MacKenzie	Track Commissioner	Oroville
Scott Fairley	Track Chairman	West Valley
Bob Hall	NAL Track	Corning
Pam Borg	NAL XC	Yreka
Jim Deaver	EALN Track	Enterprise
Kevin Girt	EALN XC	Chico
Corey Hein	EALS Track	Red Bluff
Bob Hastings	EALS XC	Las Plumas
Les Helsley	SCL Track	Etna
Steve Nesheim	SCL XC	Mt. Shasta
Jason Soderlund	BVL Track	Sutter
Jean Murphy-Atkins	BVL XC	Durham
Bob Cunningham	SVL Track	Trinity
Gary Teague	SVL XC	Pierce
Paula Silva	EL Track	Big Valley
Tony Hermann	MVL Track	Williams
Paul Turk	MVL XC	Redding Adventist
Todd Hamer	MTL Track	Los Molinos
Michael Spence	MTL XC	Providence Chr.
Dennis Boyle	USATF Official/Starter	Palo Cedro

Guests:

None

1. The meeting was called to order by Track Chairman, Scott Fairley at 9:35 a.m.
2. Introductions were made. All leagues were represented.
3. M/S/C Hall/Nesheim to approve the minutes of September 13, 2011.
Fairley reviewed the minutes. M/S/C Hall/Deaver to approve the agenda.
4. **USATF Officials:** USATF Certified Official, Dennis Boyle, covered the new rules for 2012. (see below) Dennis also passed out a roster of officials and starters in the area who are available to help at meets. Currently, the Northern Section has 22 certified officials in the area who are available to officiate at local meets. Give them a call. There are also several other "friends of the sport" who are available to help.

Major Track Rule Changes and Reminders for 2012:

- a) A visible garment worn under the uniform top or bottom displaying contrasting "stitching" to the single, solid color undergarment does not constitute a rule violation.
- b) A first violation of the jewelry rule will result in a warning to the individual. A second violation by the same individual will result in disqualification of that individual. There are no longer any 'team' warnings.

- c) Pole vaulters may use more than a two layers of grip tape as long as the tape is uniform in thickness.
- d) The starting instructions for distance races will instruct all competitors to take a position 1 meter (the rule says 3 meters, but California is using a 1 meter line) behind the starting line. With the command "On your marks" all competitors will step forward to the starting line without delay.
- e) In the pole vault, no person shall be allowed to catch the pole in an attempt to prevent it from dislodging the crossbar.

NOTE: Northern Section starters may allow runners who false start, a second chance prior to April 1 of each year. Starters will also implement a card system to indicate a disqualification (red), warning (yellow), or no infraction (green).

5. 2012 Championship Meets:

Jason Soderlund (Wheatland) expressed a concern by the BVL over the D2 meet being held in Yreka. Their concern was with travel budgets being strained due to the excessive distance from Yreka to Wheatland/Winters. Following a discussion which centered on the rotation system currently in use to determine championship sites, the committee cited the by-laws in upholding the Yreka location for the D2 meet.

State Meet	Buchanan H.S.	Fresno	June 1/2
NSCIF Finals	West Valley H.S.	West Valley/Fairley	May 25, 4pm
D1	Enterprise H.S.	Enterprise/Deaver	May 18
D2	Yreka H.S.	Yreka/Culp	May 18
D3	Mt. Shasta H.S.	Mt. Shasta/Nesheim	May 18, 12pm
D4	West Valley	Los Molinos/Hamer	May 18, 10:00
NAL	Central Valley	Central Valley	May 11
EALN	Enterprise	Enterprise	May 11
EALS	Oroville	Las Plumas	May 11
BVL	Orland	Orland	May 11
EL	Tulelake	Big Valley	May 10
SCL	Tulelake	Etna	May 10
SVL	Yuba College	Live Oak	May 9
MTL	University Prep	Los Molinos	May 10
MVL	Yuba College	Hamilton/E. Nicolaus	May 11, 2:30pm

6. 2012 Track Calendar:

March 9	Pirate Classic @ Wheatland High School
March 14	Norm MacKenzie Friendship Meet @ Harrison Stadium 3:00
March 16	North State Relays @ CSU, Chico
March 16	Panther JV Invite @ Chico High School
March 23	Eagle Classic Relays @ West Valley High School
March 23	John Orunyen Invite @ Yuba College
March 24	Burt Williams Invite @ Central Valley High School
March 31	Black Butte Invitational @ Orland High School
March 31	Hornet Invitational @ Enterprise High School
April 6	Mt. Shasta Fair Weather Meet @ Mt. Shasta High School
April 6	Vern Regier Invite @ Yuba College
April 14	John Frank Invite @ Central Valley High School
April 20	West Valley/Chico Invite @ CSU, Chico
April 20	Burney Spring Classic @ Burney High School
April 20	Pleasant Valley JV Invite @ Pleasant Valley H.S.

April 27	Yreka Lions Invite @ Yreka High School
April 28	Sacramento Meet of Champions @ Hughes Stadium
May 4	Mt. Shasta Twilight @ Mt. Shasta High School
May 4	Gary Burton Invite @ Corning High School
May 4	Nevada Union Invite @ Nevada Union H.S.

7. Track Action Items: For each of the following action items, each representative was asked to state their personal and league opinions. Once all parties were heard, a motion and second was asked for, followed by a vote.

Moving NSCIF Finals Date: A proposal to move the Northern Section CIF Finals to a Wednesday date each year was discussed. The general feeling of the group was that moving the date could create more problems than it solved.

M/S/C Nesheim/Hermann to keep the NSCIF Track Finals on a Friday date (status quo). Proposal to move the date failed.

Realignment Qualifiers: With minimal changes in Divisional makeup in the next realignment cycle (West Valley to D1, Lassen to D2), the committee approved the following qualifying procedures: M/S/C Hermann/Hastings for all leagues to qualify two automatic qualifiers from the league meets to the divisional championship with 2 at-large berths. Motion passed.

Leagues to Divisional Championships:

Division 1 -	EALN	2
	EALS	2
	At large	4
Division 2 -	NAL	2
	BVL	2
	At large	4
Division 3 -	SVL	2
	MVL	2
	At large	4
Division 4 -	SCL	2
	EL	2
	MTL	2
	At large	2

Divisional Championships to NSCIF Finals – D1 (2), D2 (2), D3 (1), D4 (1), (2) at large

Alternate Participation - M/S/C Hermann/Hastings to replace at-large athletes who decide not to compete with the athlete with the next best mark, regardless of division. Automatic qualifiers will still be replaced by an athlete from the same division, if present. A list of Divisional Alternates and a list of At Large Alternates will be in the meet program. Motion passed.

NSCIF Qualifiers in 800 meters: M/S/C Girt/Atkins to increase the number of qualifiers to the NSCIF Finals in the 800 meters from 8 to 10 qualifiers. Two alleys will be set up with the top 4 qualifiers in the outside alley, and the remaining 6

qualifiers in the inside alley. Motion passed.

Pole Vault Order of Events: M/S/C Borg/Deaver to make the order of events in the pole vault more consistent from the league meet to the divisional meets by contesting the varsity boys and girls pole vault before the JV boys and girls. The following order of events will be used: VB, VG, JVB, JVG. Motion passed.

Moving JV Relay Members to Varsity level at Sections: M/S/C Girt/Hein to allow JV athletes the option to move up to the varsity level at the NSCIF Finals to compete on a relay team once their competitive season is complete. Motion passed.

The following is the proposed re-wording:

By law 301.2 D track *In the sport of track and field, an athlete may change classification until the league final meet or contest. The classification in the league's final meet or contest determines classification until the frosh/soph season is completed. Athletes on the frosh /soph roster may be moved up to compete with the varsity team at the NSCIF Section Championship meet and State meet.*

NSCIF Cross Country Divisions: M/S/C Girt/Deaver to raise the enrollment cut-off for Division 2 from 1900 to 1950. This will allow the lone Division 2 school (Pleasant Valley) to compete with 7 other schools in Division 3. Motion passed.

- 8. Track Commissioner's Report:** Norm MacKenzie passed out packets to the championship meet directors who were present. Medals and plaques were also distributed to meet directors. Meet directors were reminded to check their awards prior to their meets.

Championships Meet Finances: The desire of the committee is to conduct quality championship competitions while still keeping costs down. If an outside group is brought in to provide timing and results services, the cost of such services must be divided between the schools in their division.

NSCIF Officials – Schools are being asked to send helpers to work the field events at the NSCIF Championship meet. Each event will have a certified USATF Official as the head judge, with volunteers working as rakers, measurers, bar placers, etc.

All-Comer Meets – Liz Kyle addressed the issue of Northern Section schools hosting all-comer meets outside the season of sport. CIF schools may not host such meets. All-comer meets must be hosted by clubs or city recreation leagues, and all participants must compete unattached.

- 9. Cross Country Report:** The NSCIF Cross Country Championships were held at West Valley High School on Thursday, November 10, 2011 beginning at 2:00 p.m. The meet featured 544 finishers from 33 schools who ran under ideal racing conditions. Junior, John Whelan (Etna) won the section varsity boys' title, while senior Kody Atkins (Chico) repeated as varsity girls' winner. Chico won the overall girls title, while Yreka won the boys. Financially, the meet had a net profit of \$491.10 after all expenses were paid. See attached.

2012 NSCIF Date: The 2012 NSCIF Cross Country Championships will be held at West Valley High School on Thursday, November 8 beginning at 2:00 p.m.

Rotation order is: Var. Girls, Var. Boys, Open Girls, Open Boys.

State CIF Results: The Yreka boys' team became the first Northern Section boys' team to win the state meet title! John Whelan (7th in Division 5) and Eric Neill (8th in Division 4) earned all-state honors. Congratulations!

2012 Cross Country Calendar:

Aug. 31	Bill Springhorn Invite @ Shasta College
Sept. 7	Yreka Invitational @ Yreka
Sept. 14	Mt. Shasta Invite @ Mt. Shasta
Oct. 12	West Valley Coed Invitational @ West Valley
Oct. 31	Small Schools Invitational @ West Valley

10. **State CIF Committee Report:** Jim Deaver reported that the State track meet will stay at Buchanan High School for the next few years. Last year's Friday session was the largest ever. At-large times for the state meet are currently online. There is a proposal to add a sixth division at state in cross country. D1 would be for schools 2500 and over, D4 for schools between 500-1249, and D5 for schools below 500. Individual sections would be allowed to set their own enrollment cut-offs for D2 and D3. The Northern Section is in favor of this proposal.
11. **Track Honor Coach:** The Northern Section Track and Field Honor Coach for 2012 is Jean Murphy-Atkins (Durham) Congratulations! Other nominees included: Ed Roach (Gridley), Les Helsley (Yreka/Etna), and Jason Soderlund (Wheatland)
12. A tentative date for the next NSCIF Track Committee meeting was set for Wednesday, September 12, 2012 beginning at 9:30 a.m.
13. The meeting was adjourned at 12:38 p.m.

Respectfully submitted,

Scott Fairley, Chairman