

**NORTHERN SECTION CIF  
CELEBRATING WOMEN IN SPORTS  
"PURSUE YOUR DREAMS"  
January 28, 2004**

**SESSION 2  
10:30-11:10**

**7:30-8:15 REGISTRATION**

**8:15-8:25 WELCOME (Bell Memorial 100)**  
Bob Lowden, NSCIF President  
Kathy Wheeler, NSCIF Past President

**8:25-8:45 NFHS LEADERSHIP CONFERENCE**  
Rosie Richards, Yreka High School

**8:45-9:30 KEYNOTE SPEAKER**  
Deanne Vochatzer, UC Davis



**Group 1 Topic Sports and the Media**  
Speaker: Molly Rupert, MaxPreps.com  
Moderator: Natalie DiCicco, Athletic Director, Butte Valley

**Group 2 Athletics AND Academics**  
Speaker: Eileen Ilia, San Francisco State University  
Moderator: Liz Kyle, Principal, Fall River High School

**Group 3 A Strong, Healthy and Successful Athlete**  
Speaker: Theresa Gethins, Trainer, Pleasant Valley  
Moderator: Eileen Mason, Orland High School



**Group 1 Athletics AND Academics**  
Speaker: Eileen Ilia, San Francisco State University  
Moderator: Liz Kyle, Principal, Fall River High School

**Group 2 A Strong, Healthy and Successful Athlete**  
Speaker: Theresa Gethins, Trainer, Pleasant Valley  
Moderator: Eileen Mason, Orland High School

**Group 3 Sports and the Media**  
Speaker: Molly Rupert, MaxPreps.com  
Moderator: Natalie DiCicco, Athletic Director, Butte Valley

**SESSION 3  
11:20-12:00**

**Group 1 A Strong, Healthy and Successful Athlete**  
Speaker: Theresa Gethins, Trainer, Pleasant Valley  
Moderator: Eileen Mason, Orland High School

**Group 2 Sports and the Media**  
Speaker: Molly Rupert, MaxPreps.com  
Moderator: Natalie DiCicco, Athletic Director, Butte Valley

**Group 3 Athletics AND Academics**  
Speaker: Eileen Ilia, San Francisco State University  
Moderator: Liz Kyle, Principal, Fall River High School

**LUNCHEON AND SPEAKER  
12:00-1:30  
Guest Speaker: Cardte Hicks  
Personal Trainer and Sports Director  
Closing Remarks: Bob Lowden, NSCIF President**