

**NORTHERN SECTION CIF
CELEBRATING WOMEN IN SPORTS
“Embrace the Challenge”
January 9, 2006
Agenda**

7:30-8:15

REGISTRATION

8:15-8:25

WELCOME (Bell Memorial 100)
Ryan Robison, NSCIF President

8:25-8:45

CIF LEADERSHIP
Kathy Wheeler, CIF President-Elect

8:45-9:30

KEYNOTE SPEAKER
Ruthie Bolton-Sacramento Monarchs



**SESSION 2
10:30-11:10**

Speaker: Carol Stanley-Hall
Topic: Balancing Career and Athletics
Moderator: Jeanne Utterback, Fall River High School

**SESSION 3
11:20-12:00**

Speaker: Eileen Daley- San Jose State University
Topic: College Academics and Athletics
Moderator: Eileen Mason, Orland High School

**SESSION 1 Health and Safety
9:40-10:20**

Speaker: Roger Blake-CIF Ass't. Executive Director
Topic: Steroids
Moderator: Natalie DiCicco, Butte Valley High School

**LUNCHEON AND SPEAKER
12:00-1:00**

Guest Speaker: Cardte Hicks
Closing Remarks: Ryan Robison, NSCIF President

EILEEN DALEY
“College Academics and Athletics”

Eileen Daley, whose background in athletics ranges from youth to the collegiate level, is the State CIF Assistant Director. Under Daley's guidance, the CIF Coaching Education Program has experienced tremendous growth as California leads the nation in the number of coaches trained.

A former track and field athlete, Daley has been active in the sport as the varsity assistant track and field (jumps) coach for the 11 years at Petaluma High School, her alma mater.

Daley has been a youth sports camp coordinator, adolescent drug rehabilitation counselor, NCAA CHAMPS/LifeSkills Coordinator at Sonoma State University and sport psychology intern at UC Davis. She has been a counselor at San Francisco State University and currently is an Academic Counselor at San Jose State.

A graduate of Sonoma State University, Daley also earned her Master's Degree in Sports Psychology at John F. Kennedy University.



CAROL STANLEY HALL
“Balancing Family, Career, and Athletics”

Carol Stanley Hall has been a full time faculty member in the Physical Education and Athletic Department for over 30 years. She coached Track & Field at Butte College for 15 years and Volleyball for 7. This past year she coached high school volleyball for the first time.

In addition to coaching, Ms. Stanley Hall was a pre Title IX athlete, but was fortunate as a student at Chico State that women's sports were offered. She competed in Track & Field for five years and was inducted into the Chico Athletic Hall of Fame in 1992. She is also an inaugural member of the Butte College Hall of Fame for her coaching contributions.

Carol lives in Durham and has two children that compete in high school sports.

Europe. With the establishment of the WNBA she was invited to try out for the 1997 Sacramento Monarchs but unfortunately an injury prevented her from joining the team. Her most important accomplishments come from her personality. Cardte's proven leadership and motivational skills has helped her to train and coach others towards their dreams. Her dedication to the sport and her knowledge of women's basketball internationally provides the unique perspectives that only a few of the world's best coaches have. As head coach of THE LEGENDS (which she founded), she is dedicated to taking women's sports to a new level; providing opportunities not only to the dedicated women of the sport but creating an organization that gives the community 110% of the time.

Ruthie Bolton

“Embrace the Challenge”

Ruthie Bolton-Holifield grew up in McClain, Mississippi, one of 20 children. She recalls many happy hours with her brothers and sisters singing around the piano or battling it out on the basketball court. She never dreamed she would one day be a pioneer in women's professional basketball.

Ruthie played point guard for the Sacramento Monarchs and was one of the superstars of the WNBA. Her impressive career started at Auburn University where she led her team to four NCAA tournament appearances. She has represented the USA on several World Championship teams and was named USA's Basketball's Female Player of the Year in 1991.

Ruthie Bolton has become a role model for young people everywhere. She says she owes her success to the love and support of her family and that the lessons she learned as a child have guided her through all the challenges of her adult life. In college, she found herself facing all kinds of obstacles, all kinds of challenges. She had to reach back and draw on the faith and the values her father had instilled in her.

Life as a professional athlete isn't as glamorous as it sometimes seems. Ruthie faced her share of pressures and injuries and disappointments. Because of her family values and “Positive Mental Attitude” taught by her father, she is truly a “SUPERSTAR.”



CARDTE HICKS
“San Francisco Pioneers”

Cardte joins our conference for a second time. Cardte was the first woman athlete to break the glass ceiling in Women’s Pro Basketball. Posing as a man, in 1977, she was drafted as the first woman to play for a men’s pro team in the history of the sport. Playing for the Professional Dutch team, Vas Goed Sterijen based in Oud-beijerland, Holland. This bold step lead to her being picked up by the Women Professional Basketball Team, Damas Goed Sterijen where she sank the first slam dunk with two hands in the history of professional basketball in 1978.

She graduated from high school in San Pedro, California. She has extraordinary talent. She played volleyball, basketball, baseball, tennis and track and field and she loves to sing and dance. Cardte led San Pedro High School to three straight Harbor League championships and was three-time Los Angeles City Player of the Year. She then attended college at Long Beach State and CSU Northridge where she excelled in basketball. She made her professional career with the San Francisco Pioneers, then to

Roger Blake
CIF Assistant Executive Director

“The Steroid Issue”

Roger Blake is the Assistant Executive Director of the State CIF. Prior to working full time for the CIF, he served for 24 years in the Lake Elsinore Unified School District. He spent 16 years as a teacher, varsity boy’s basketball coach and the schools’ athletic director before moving on to the district office as an administrator.

Roger was named the Southern Section CIF Athletic Director of the Year in 1993 and was honored in 1999 with the National Interscholastic Athletic Administrators Association Award of Merit. Last year he was honored by the California State Athletic Directors Association with the Sue Kamiyama Award for Leadership. Roger is in demand as a speaker appearing at over 80 trainings and seminars a year at various schools and conferences in California and across the United States. This past spring, during the height of the national steroid scandals, he was asked to appear in Washington, D.C. where he spoke before a United States Senate Committee regarding steroids chaired by Senator John McCain of Arizona. He is also actively involved supporting CIF and educational issues in Sacramento with the California legislature. He is a trainer for the Josephson Institute of Ethics and CHARACTER COUNTS! Program since 1999, primarily dealing with the “Pursuing Victory with Honor” initiative which is dedicated to restoring ethics and character back into high school sports.

2004-05 GIRLS ATHLETIC PARTICIPATION*

| | |
|---------|-----------|
| 1971-72 | 294,015 |
| 1975-76 | 1,645,039 |
| 1980-81 | 1,853,789 |
| 1985-86 | 1,807,121 |
| 1990-91 | 1,892,316 |
| 1995-96 | 2,367,936 |
| 2000-01 | 2,784,154 |
| 2003-04 | 2,865,299 |
| 2004-05 | 2,908,390 |

2004-05 GIRLS MOST POPULAR SPORTS*

| | (NATIONAL) | |
|--------------------|------------|--------------|
| | Schools | Participants |
| 1. BASKETBALL | 17,175 | 456,543 |
| 2. TRACK AND FIELD | 15,213 | 428,198 |
| 3. VOLLEYBALL | 14,526 | 386,022 |
| 4. SOFTBALL | 14,493 | 364,759 |
| 5. CROSS COUNTRY | 12,345 | 170,450 |
| 6. SOCCER | 9,695 | 316,104 |
| 7. TENNIS | 9,646 | 169,292 |
| 8. GOLF | 8,249 | 64,245 |
| 9. SWIMMING | 6,238 | 148,154 |

* NFHS News (October 2005)

**KATHY WHEELER, SUPERINTENDENT
RED BLUFF UNION HIGH SCHOOL DISTRICT**

Kathy Wheeler is one of our many local success stories. She is a graduate of Central Valley High School, this year's Division II Football Section Champion. She competed in the "good old days of GAA." She then received her AA degree from Shasta College where she played volleyball, basketball, softball, track and tennis. She then went on to Southern Oregon University where she received her Bachelor of Science degree. She was still able to participate in volleyball, basketball, tennis and softball at Southern Oregon. She received a Masters in Counseling at Oregon State University and recently was awarded her Doctorate in Educational Leadership from the University of LaVerne.

Kathy has been a teacher, coach, athletic director and counselor. She has also been an Assistant Principal, Principal, and now Superintendent. She has served the Northern Section CIF on the Board of Managers and has served as our President.

We are most proud of Kathy as she is currently the President-Elect of the State CIF and will serve as President next year. She is well respected throughout the state and will continue to promote the integrity of high school sports.

Welcome

"Within me is infinite power. Before me is endless possibility. Around me is boundless opportunity. Why should I fear?" Unknown

Welcome to the 4th Annual Celebrating Women in Sports Conference. Last year we had very positive responses from our Conference. This is our endeavor to bring women together to learn about opportunities from successful professionals in the field of women's athletics

Conference organizers have again developed an agenda and set of speakers designed to provide an opportunity for students to network with individuals from throughout our Section.

I encourage each of you to take advantage of the diverse topics our speakers will share with you today. Let's make this conference an event that we will all remember for years to come.

Thank you for attending and we hope that all or part of the information you take home today will aid in your voyage to success.

Remember to:

"EMBRACE THE CHALLENGE"

Tom Schroeder, Commissioner
Northern Section CIF

Women In Sports History

- 1895 1st American Women's Golf Championship
- 1896 1st Modern Olympics-Women banned from competing
- 1900 Women are included in the modern Olympics
- 1926 Gertrude Ederle becomes first female to swim the English Channel
- 1931 17 year old Minor League pitcher, Jackie Mitchell strikes out Babe Ruth and Lou Gehrig in a Yankee exhibition game
- 1932 Babe Didrikson wins two golds and one silver at the LA Olympics
- 1932 Amelia Earhart flies solo across the Atlantic
- 1934 Aviator Elinor Smith is first woman to appear on a Wheaties box
- 1943 The All American Girl's Professional Baseball League is formed with four teams
- 1948 Alice Coachman becomes the first black woman to win an Olympic Gold Medal
- 1950 The All American Girl's Baseball League is disbanded
- 1965 Golf Medalist swimmer, Donna de Varona, becomes the first female sportscaster on network television
- 1967 Kathrine Switzer becomes the first woman to compete in the male only Boston Marathon (she registered as K. Switzer)
- 1967 Billy Jean King defeats Bobby Riggs in the "Battle of the Sexes"
- 1968 Debbie Meyer is first swimmer to win three individual Gold medals in the Mexico City Olympics
- 1971 Title IX was passed, giving girls equal access to athletics
- 1977 Janet Guthrie is the first woman driver in the Indianapolis 500
- 1984 Mary Lou Retton wins five Olympic medals
- 1993 Julie Krone becomes the first woman to win a Triple Crown Race
- 1995 Sheryl Swoops is the first woman to have a signature Nike shoe
- 1996 Four USA women's teams win gold medals: softball, basketball, gymnastics, and soccer
- 1997 Women's professional basketball attracts an average of 10,000 spectators per game
- 1998 U.S. Olympic Women's Ice Hockey Team won the gold
- 1998 Ila Borders becomes the first female pitcher to start a minor league baseball game
- 1999 U.S. Women's National Soccer Team won the World Cup

REGISTRATION FORM
REGISTRATION DEADLINE: JAN. 3, 2006

SCHOOL: _____

Registration Information Grade Fee
(Note: There is no limit on the number of girls you can register)

1. _____ \$25.00

2. _____ \$25.00

3. _____ \$25.00

Chaperone: _____ \$ 0.00

Add'l. Chaperones: _____ @ \$25.00 each

Number attending _____ @ \$25 = _____

Note: There will be no registration fee for one school chaperone. Please make every effort to double up on chaperones to make room for student-athletes. Additional chaperones must register at \$25. Make checks payable to NSCIF.

Please Mail Registration to NSCIF Office
P.O. Box 40
Arbuckle, CA 95912
(530) 476-3830
(530) 476-3831 (FAX)



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