



**CALIFORNIA INTERSCHOLASTIC FEDERATION
NORTHERN SECTION**

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ILLEGAL EQUIPMENT (CASTS)

Football Rule 1-Section 5-Article 3c. Illegal equipment. No player shall participate while wearing illegal equipment. This applies to any equipment, which in the opinion of the umpire is dangerous, confusing or inappropriate. Illegal equipment shall always include but is not limited to (c) Hard substance in its final form such as leather, rubber, plastic, plaster or fiberglass when worn on the hand, wrist, forearm or elbow unless covered on all exterior surfaces with no less that ½ inch thick, high-density, closed-cell polyurethane or an alternate material of the same minimum thickness and with similar physical properties to protect an injury as directed in writing by a licensed medial physician (M.D./D.O.).

Present this form to officials when athletes are wearing illegal equipment in football.

Name of Athlete: _____

School: _____

The above named student/athlete requires a cast to protect an injury of athletes:

_____ Hand _____ Forearm
_____ Wrist _____ Elbow

The cast will be needed to protect the injury from ____/____/____ until ____/____/____.

Signature of Licensed Medical Physician

Date

Please Print Name of Licensed Medical Physician